

God's Prescription for Joy Trust the Shepherd

*Psalm 23:1
The Lord is my shepherd,
I shall not want.*

Life is filled with a tremendous level of stress. We are running from place to place trying to take care of things ourselves. God calls on us to change the way we look at life so that we can experience the joy in life. God is our shepherd and we can trust him to provide for all that we need in our life.

1. Exclude worry.
Matthew 6:25-32

2. Include the Shepherd.
Philippians 4:19
 - A. Accept Jesus as your leader.
Psalm 23:1, John 10: 14, 27, 11:25-26

 - B. Talk to Jesus about everything.
Philippians 4:6-7, 1 Peter 5:7

 - C. Trust Jesus daily.
Matthew 6:11, 32-34, Isaiah 26:4, Proverbs 3:5